DESCRIPTION:
A complex of the essential amino acid L-lysine, vitamin C and bioflavonoids to provide support for symptoms associated with the herpes simplex virus, commonly referred to as cold sores or fever blisters.

FORMULA:
Each tablet contains:
L-lysine (from L-lysine hydrochloride) ............... 500 mg
Vitamin C (as ascorbic acid)........................... 100 mg
Bioflavonoid Complex ................................ 100 mg

INDICATIONS:
Lysamin-C is indicated as a nutritional adjunct to the treatment and prevention of symptoms associated with herpes simplex virus.

NOTE: It may also be advisable to omit or reduce the intake of foods known to be high in arginine such as nuts, seeds, and chocolate

BACKGROUND:
Lysine has been shown to relieve symptoms associated with herpes simplex virus, commonly referred to as cold sores or fever blisters. The mechanism of action is not completely understood, but it has been postulated from continuing studies, that the virus becomes activated in the presence of excess arginine and insufficient amounts of lysine. In theory, supplementing the diet with additional lysine brings the ratio up to a level which suppresses activation of the virus. Vitamin C has also been shown to be essential for the proper functioning of the immune system (in particular viral immunity), as have bioflavonoids, and these nutrients may assist the body in suppressing the virus along with the additional lysine.

DIRECTIONS:
Acute: Two tablets daily, one in the morning and one in the evening.*
Maintenance: One tablet in the morning.

*Severe cases may require higher doses

HOW SUPPLIED:
Off-white oblong tablets; 60 per bottle.

BIBLIOGRAPHY: