



## Testimonial for NutraDisc®

By Wayne Glasco DC, CCSP

### INTRODUCTION

Patient Mrs. B., an 81 year-old female, presented to our office in 2012 complaining of lower back pain. She had fallen approximately 6 months prior to her initial visit, for which she was prescribed hydromorphone, Celebrex, ondansetron and Tylenol at a local hospital. Her condition had failed to improve in spite of the drug protocol. She also complained of chronic left leg weakness (which she attributed to fall), swelling, and pain of a chronic nature.

### PATIENT HISTORY AND EXAM

Upon examination, patient exhibited weakness of the left lower extremity during heel and toe walk. Orthopedic testing of the lower back revealed specific injury to the left iliolumbar region.

### TREATMENT AND FURTHER DEVELOPMENTS

Patient responded well to chiropractic care consisting of diversified adjustments to the ilium, lumbar and thoracic regions, interferential therapy and exercise. After six weeks of care, patient expressed that she no longer experienced pain or swelling in her left lower extremity and that her left lower extremity felt stronger. She had stopped taking hydromorphone, Celebrex, ondansetron and Tylenol.

Approximately one week later, patient was hospitalized and informed that a "mini-stroke" had occurred. She was given fish oil recommendations and released. Yawning provoked symptoms of "mini-stroke."

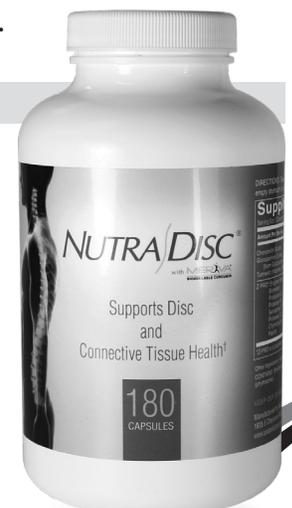
"Mini-stroke" symptoms (headache, tingling in left side of jaw and pain in left side of neck into brachium and clavicular areas unilaterally) continued until we began chiropractic care consisting of diversified adjustments to the left superior aspect of the neck and interferential therapy. Patient experienced immediate relief of "mini-stroke" symptoms but continued to suffer from global complications including back soreness, elbow pain, knee pain and "foggy-headedness."

Patient was then confronted with the decline and ultimate passing of her husband whereby she began to experience "forgetfulness." Even her children began to express concern.

Patient moved to a new residence making it difficult to comply with follow-up visits. Nutra Disc was recommended (2 capsules, twice daily on an empty stomach) in October of 2014 to address the persistent global complications and to "buffer" the reduced frequency of care.

### RESPONSE TO CARE

Upon patient's return in January 2015, she expressed that she was feeling "wonderful" and proceeded to stand and touch her toes. She stated she had "no pain to speak of" and "felt like dancing." She stated that she felt this way since taking "those pills" (Nutra Disc). Patient is no longer taking drugs for pain and expresses a notable improvement in mental faculties, stating that her "memory is better" and she no longer feels "foggy headed."



PRODUCT:  
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