



PRODUCT FACT SHEET

POLICOSANOL MICROTABS

Mixture of aliphatic alcohols derived from sugar cane wax shown to help promote healthy cholesterol levels without side effects. Also functions as an antioxidant.



KEY FEATURES

- Contains over 50% Octacosanol, a derivative of a wax found in the sugar cane plant, found to manage lipid accumulation in fatty tissue and oxidation in the blood stream
- Naturally contains eight other higher primary aliphatic acids that assist in lowering cholesterol
- Helps increase levels of beneficial HDL cholesterol
- Sourced from the clinically-researched and documented Sugar Cane material (not from Beeswax)
- Few known side effects or prescription-drug interactions
- New micro-tab technology provides complete dose in a highly compact, easy to take Micro-tab
- Twice as potent as most available products – a full 23 mg of Policosanol per Micro-tab

INDICATIONS

Policosanol is indicated for use to assist in the following:

- Promote healthy levels of Cholesterol
- Promote raising levels of High-Density Lipoprotein Cholesterol
- Inhibiting lipid oxidation

POLICOSANOL

ITEM #: 6711-0060-01

DESCRIPTION

Mixture of aliphatic alcohols derived from sugar cane wax shown to help promote healthy cholesterol levels without side effects. Also functions as an antioxidant.

HOW SUPPLIED

60 Micro-tabs per bottle.

DIRECTIONS

1 or 2 Micro-tabs daily, with or without meals

Supplement Facts	
Serving Size 1 Microtab	Servings Per Container 60
Amount Per Serving	% Daily Value
Policosanol (from sugar cane)	23 mg *
Typical Analysis:	
Octacosanol	50%
Triacosanol	15-30%
Hexacosanol	10-20%
*Daily Value not established.	
Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable source), magnesium stearate (vegetable source), silicon dioxide.	



ANABOLIC LABORATORIES

Pharmaceutical Made Nutritional Products Since 1924



PRODUCT:

POLICOSANOL MICROTABS

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BACKGROUND

Accumulation of Low-Density Lipoprotein (LDL) cholesterol in the arteries can decrease blood flow to crucial areas of the body. This can lead to a variety of negative health issues. One key aide in preventing LDL buildup is High Density Lipoprotein Cholesterol (HDL-C) or "good" cholesterol. HDL-C not only curbs LDL buildup, but also removes excess cholesterol from the bloodstream. Inhibiting cholesterol oxidation in the blood stream is also important in maintaining good cardiovascular health. Not allowing cholesterol to harden in the arteries allows for greater blood flow and more oxygen delivered to vital organs and muscle tissue. Policosanol, a mixture of various aliphatic alcohols, has been found to promote healthy cholesterol levels and slow down cholesterol oxidation².

Octacosanol, the main ingredient in Policosanol, works as a powerful antioxidant to help maintain healthy arteries. This in turn helps to support healthy cholesterol levels in the bloodstream.

New Micro-Tab manufacturing technology allows for a much smaller tablet than usual, even with full 23 mg potency. These miniature tablets can improve patient compliance.

WARNINGS:

Octacosanol may cause dizziness and increase nervous tension in patients suffering from Parkinson's disease, especially those taking Levodopa. (4) Also use caution if taking in conjunction with anticoagulant or anti-platelet medication.^{5,6}

REFERENCES

1. Mas, Rosa et al. A Randomized, double-blind, placebo-controlled study of efficacy and tolerability of policosanol in adolescents with type II hypercholesterolemia. *Current Therapeutic Research*, Vol. 63 No. 4, April, 2002. 286-303.
2. Gouni-Berthold, I; Berthold H.K. Policosanol: clinical, pharmacology and therapeutic significance of a new lipid-lowering agent. *Am Heart J* Vol. 143. February, 2002. 356-65.
3. Mas R et al: Effects of policosanol on the susceptibility of low-density lipoprotein isolated from hypercholesterolemic patients at high coronary risk to in vitro copper-mediated lipid peroxidation: A random, double blind pilot study. *Current Therapeutic Research* Vol. 61, No, 9, September 2000. 609-620.
4. Octacosanol. *The Review of Natural Products. Facts and Comparisons*. St. Louis. June, 1997.
5. Valdes S, Arruzazabala ML, Fernandez L et al: Effect of policosanol on platelet aggregation in healthy volunteers. *Int J. Clin Pharmacol Res* 1996; 16(2-3):67-72.
6. Arruzazabala ML, Carbajal D: Effects of policosanol on platelet aggregation in rats. *Thrombosis Res*. 1993; 69(3):321-327

THE ANABOLIC DIFFERENCE

Anabolic Laboratories' nutritional products are made in a registered, licensed and inspected pharmaceutical facility. Our in-house laboratories and manufacturing facilities are routinely inspected by the United States Food and Drug Administration (FDA) and Drug Enforcement Administration (DEA). We also maintain a Good Manufacturing Practice (GMP) certification from the Natural Products Association.

As a pharmaceutical manufacturer, the standards used for raw materials, production and finished product testing exceed FDA requirements for the nutritional products industry. Our pharmaceutical requirements for manufacturing are the foundation for the guaranteed quality of our nutritional products. Anabolic Laboratories sets the nutritional supplement industry standard for label accuracy, potency and purity as dictated by the FDA for pharmaceutical and nutritional products.

